



TRAINING PRICE SHEET

We offer neurodiversity-affirming Continuing Education trainings for mental health professionals worldwide via Zoom.

www.theartofselfhealing.org



AVAILABLE TRAININGS

Neurodiversity 101 - Two Hours

Learn best practices for neurodiversity-affirming care and common challenges for ADHD, Autistic, and/or HSP clients.

Nervous System Regulation Therapy for ADHD and Autistic Clients - Two Hours

Learn how to apply polyvagal theory to neurodivergent (ND) clients who are ADHD and Autistic. Gain tools and resources to use this evidence-informed therapy.

CEUs have been endorsed by the NASW, Colorado chapter.

Pricing

- 0-15 Seats: \$175 per seat
- 15-49 Seats: \$155 per seat
- 50-99 Seats: \$135 per seat
- 100+ Seats: \$115 per seat

Discounts are given on a case-by-case basis. Please inquire.

CUSTOM TRAININGS

Co-Create a Personalized Training

Do you need a custom-made neurodiversity-affirming training? Phoenix specializes in areas such as suicide prevention, self-harm/injury, LGBTQ+, poly/ENM, somatic interventions, youth, family collaboration, and more! Ze would love to work with you to create the training your organization needs.

Pricing

Pricing starts at the same cost as the above available trainings, plus additional hourly cost to create the training. Phoenix charges \$250 an hour. Please inquire for details.

AT A GLANCE

CHALLENGES

- Outdated understanding of Autism and ADHD DX, and common misdiagnosis
- Current therapy models are not ND-affirming and often cause harm

BENEFITS

- Gain understanding of ND-affirming care
- Reduce harm, improve client outcomes
- Support undeserved populations



PHOENIX RISING, LSW

Ze/Zir/Zirs or She/Her/Hers

"I'm a late-identified ADHD, Autistic and Gifted Social Worker who's passionate about neurodiversity-affirming care and helping to shift the mental health profession into the neurodiversity paradigm."